

Qualification factsheet

Qualification overview

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| Qualification title | NCFE Level 1 Award in Interpersonal Skills | | |
| Qualification number (QN) | 603/3307/8 | | |
| Total qualification time (TQT): | 45 | Guided learning hours (GL) | 45 |
| Entry requirements: | This qualification is designed for learners who want to progress towards an occupation where effective interpersonal skills are a core requirement. This qualification is suitable for learners aged pre-16 and above. | | |

About this qualification

This qualification is designed to introduce learners to interpersonal skills for use in work, learning or personal situations. It will give learners an understanding of a range of interpersonal skills, how they are used and how these skills can help them to work effectively with others. The qualification will increase learners' self-awareness to aid their personal development.

Qualification structure

To be awarded the NCFE Level 1 Award in Interpersonal Skills (603/3307/8), learners are required to successfully complete 3 mandatory units.

Mandatory units

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| Unit 01 Understanding the use of interpersonal skills |
| Unit 02 Demonstrating interpersonal skills |
| Unit 03 Understanding assertiveness and self-esteem |

Assessment

The NCFE Level 1 Award in Interpersonal Skills is a knowledge-based qualification which is assessed by an internally assessed and externally quality assured portfolio of evidence.

Progression opportunities

The objectives of this qualification are to:

- introduce interpersonal skills for use in work or personal relationships
- raise awareness of how interpersonal skills are used and how they can enhance relationships
- give an understanding of the ethical use of interpersonal skills
- increase self-awareness and aid personal development
- show an understanding of and develop interpersonal skills.

Learners who achieve this qualification could progress to a number of NCFE level 2 qualifications in areas where interpersonal skills are of importance.

It may also be useful to learners studying qualifications in the following sectors:

- health and social care
- counselling
- customer service
- community work
- youth work
- childcare
- education.



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