



Purpose statement

**NCFE Level 1 Certificate in Personal and Social
Development
QN: 501/0591/7**

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Qualification overview

This qualification will help you to operate independently and effectively in life, learning and work, and can assist you in progressing into either further training or education.

This qualification will help you recognise a range of personal and social skills, and encourage and support you to develop them. Developing your personal and social skills will complement your learning in other areas, such as vocational learning or functional skills.

The qualification aims to develop and formally recognise your personal and social skills, build on your own achievements, and make them appropriate and meaningful for you.

Who is this qualification for?

This qualification is ideal for you if you're working on a personalised learning programme. It'll help you improve your skills and knowledge if you have mild learning difficulties and/or disabilities.

Age restrictions

You can take this qualification at any age.

Entry requirements

There aren't any specific recommended prior learning requirements for this qualification – it's open to all learners.

Qualification content

Key topics include understanding how you can develop yourself and work towards goals. You'll learn skills to assist in:

- finding work
- managing money
- working with others and on your own.

You'll also gain an understanding of how to manage your relationships more effectively to assist in everyday life.

This qualification contains **13** units in Group A and **3** optional units in Group B. In order to successfully complete this qualification you must select **8** units from Group A to achieve a minimum of **15** credits.

You may wish to complete any of the units from Group B to gain extra credits to help you gain knowledge and skills in these areas; however these units will not contribute to the overall credit value of the qualification.

Group A

- Unit 01 Community action (2 credits)
- Unit 02 Developing self (2 credits)
- Unit 03 Dealing with problems in daily life (2 credits)
- Unit 04 Environmental awareness (2 credits)
- Unit 05 Healthy living (2 credits)
- Unit 06 Individual rights and responsibilities (1 credit)
- Unit 07 Making the most of leisure time (2 credits)
- Unit 08 Managing own money (2 credits)
- Unit 09 Managing social relationships (2 credits)
- Unit 10 Parenting awareness (2 credits)
- Unit 11 Preparation for work (2 credits)
- Unit 12 Working as part of a group (2 credits)
- Unit 13 Working towards goals (2 credits)

Group B (additional units)

- Unit 14 Tackling number problems (1 credit)
- Unit 15 Job search skills (2 credits)
- Unit 16 Interview skills (1 credit)

What type of qualification is this?

This is a non-vocational qualification. It's an internally assessed qualification with **150** guided learning hours. During this time you'll carry out learning activities, including classes and supervised practical work, that will support you as you develop the skills and knowledge to operate independently.

Progression opportunities

By successfully completing this qualification you'll learn how to operate independently and effectively in your life, learning and work. This qualification will support your independent living and will help you to find supported employment.

You may wish to build on the skills and knowledge achieved in this qualification by progressing to the next level of learning.

Depending on your abilities and interests you could consider progressing to the following qualification:

- NCFE Level 2 Award in Developing Skills for the Workplace

Are there any qualifications similar to this?

In addition to this qualification, we also offer the NCFE Level 1 Award in Personal and Social Development which is a shorter **7** credit version of this qualification.

The smaller qualification is more suited to people who have a particular goal in mind; ideal if you need to focus on a smaller number of topics to live, learn and work independently.

This larger qualification gives you the opportunity to develop a wider range of basic skills and understanding by selecting more optional units that meet your needs, to help and support you to live, learn and work independently.

Support for this qualification

This qualification is supported by colleges and training providers promoting Preparation for Life and Work.

For further information about these employers please contact NCFE on 0191 239 8000 or email us at customersupport@ncfe.org.uk