



T Level Technical Qualification in Health

Occupational specialism assessment (OSA)

Supporting the Midwifery Team

Assignment 3 – Professional discussion

Assignment brief

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Assignment 3

Professional discussion

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Student instructions

The themes and questions that will form the basis of the professional discussion for this series are below.

You have 45 minutes to read through this material and prepare notes for your response.

You have 1 hour to complete the professional discussion with the discussion supervisor.

You may refer to any experience or situation, either in the classroom or on workplace placement, in your answer.

This could include:

- an action you have completed yourself
- something you observed that made an impact on you
- something you know that you can apply to the question

There are 3 templates provided, one for each theme, which you can use to take notes in preparation for your response.

You can use the same significant learning experience more than once if each theme also has one new learning experience. For example, you may have significant learning experiences that overlap more than one theme.

You will be asked 2 questions, which have part A and part B, for each theme. Each theme is worth 32 marks, made up of one 12-mark question and one 20-mark question. You should answer part A first, followed by part B when prompted.

The discussion supervisor will ask you up to 3 questions per theme throughout the discussion, plus an additional question to give you the opportunity to add or expand on any part of your response before progressing to the next theme. This is a requirement and does not necessarily reflect a poor or insufficient response.

You cannot return to discuss a theme once you have moved on to the next theme.

You may ask for a question to be repeated or clarified.

The professional discussion will be recorded, and the discussion marked by an external examiner. It should last no longer than 1 hour.

Theme 1: postnatal care

The questions that follow will be about reflecting on learning or an experience of postnatal care of the mother.

Question 1

Part A

Referring to your own learning and experience, discuss the importance of monitoring wounds and dressings in the post-operative care of a woman who has had a caesarean section.

Part B

Referring to your own learning and experience, explain the actions that need to be taken when preparing a woman for discharge from the hospital postnatally.

(12 marks)

Question 2

Part A

Referring to your own learning and experience, discuss why women need assistance to mobilise after surgical interventions.

Part B

Referring to your own learning and experience, evaluate the importance of informed consent prior to care being provided.

(20 marks)

Theme 2: assisting with delegated tasks and interventions to promote comfort and wellbeing of the mother

The questions that follow will be about reflecting on learning or an experience of assisting with tasks and interventions to promote comfort and wellbeing of the mother.

Question 3

Part A

Referring to your own learning and experience, explain how you should assist with the laying up of a trolley for instrumental delivery.

Part B

Referring to your own learning and experience, discuss the role of a midwifery support worker in preparing the birth environment for an instrumental delivery.

(12 marks)

Question 4

Part A

Referring to your own learning and experience, discuss the changes a woman experiences during a specific stage of her pregnancy. Consider the impact on her holistic health and wellbeing.

Part B

Reflect on your own learning or experience, where a woman has been at risk of miscarriage or stillbirth. Analyse all the factors that increased this risk.

(20 marks)

Theme 3: observations of newborn babies

The questions that follow will be about reflecting on learning or an experience of carrying out routine observations on newborn babies.

Question 5

Part A

Referring to your own learning and experience, explain routine observations that are performed on newborn babies.

Part B

Referring to your own learning and experience, consider one of the routine observations from **part A**. Discuss how you would recognise any deviation from the norm and what appropriate actions you would take.

(12 marks)

Question 6

Part A

Referring to your own learning and experience, discuss how you might recognise potential signs of jaundice and which babies may be more vulnerable.

Part B

Referring to your own learning and experience, analyse the types of treatment available for jaundice and the importance of prompt referral and treatment.

(20 marks)

Preparation templates

Theme 1

Describe what happened (when, where, who was present, what did you do, why were you in the situation, what did you want to happen?)

How did you feel you impacted on the situation? (during, before, and after; what did others feel during and after the situation; what do you think now?)

Evaluate your experience (what went well/not so well, what was good/bad, what did you and others contribute positively or negatively?)

Analyse what happened with reference to your own knowledge, skills, and behaviours (why did things go well/not so well, what sense can be made of it, what knowledge do you/others have to help me understand the situation?)

What conclusions can you draw from the situation? (what did you learn, how could it be more positive for everyone involved, what skills do you need to improve, what else could you have done?)

What actions are planned for next time? (what would you do differently in the same situation, how will you develop the skills required, how can you make sure you take the right steps?)

Theme 2

Describe what happened (when, where, who was present, what did you do, why were you in the situation, what did you want to happen?)

How did you feel you impacted on the situation? (during, before, and after, what did others feel during and after the situation, what do you think now?)

Evaluate your experience (what went well/not so well, what was good/bad, what did you and others contribute positively or negatively?)

Analyse what happened with reference to your own knowledge, skills, and behaviours (why did things go well/not so well, what sense can be made of it, what knowledge do you/others have to help you understand the situation?)

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What actions are planned for next time? (what would you do differently in the same situation, how will you develop the skills required, how can you make sure you take the right steps?)

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