

Taking steps forward

Together we're moving forward with suicide reduction; one step at a time.

THERE'S

A DISEASE

OUT THERE...

Mental health has never been higher on the agenda across both education and business.

Suicides may not be predictable, but they are preventable. You can raise awareness and equip people with the skills to connect with at-risk staff and customers with high-quality education.

Suicide awareness and prevention training can save lives! Often people who have not received any training or had any experience avoid the subject. This qualification will increase knowledge

Tanya Sammut BSc

Registered Mental Health Nurse Severn Wellness

Deaths by suicide rose by 10.9% in the UK in 2018.

12.8 million

working days were lost to **work-related mental health** conditions in 2018. In the UK, men are three times more likely to die by suicide than women.

In the UK the highest suicide rate is among men aged

45-49.

In 2019, there were

5,691

suicides registered in England and Wales.

Together we can make a difference

We've collaborated with experts to bring you an offer which will help to save lives.

You don't have to be a doctor to save lives

Our package includes the first regulated awards in the UK designed to raise awareness and reduce suicide.



Level 2 **Award in** Suicide **Awareness**

- → Knowledge-based qualification
- → Designed to raise awareness and understanding of suicide
- → 13 guided learning hours (GLH)
- → Suitable for learners aged 16+ in any sector
- → Can be delivered and assessed remotely on the LearnBox platform.



Level 3 **Award in STEPS Towards** Suicide Reduction

- → Provides a structured approach to having a conversation with those who may be at risk of suicide
- → 7 guided learning hours
- → Suitable for frontline workers, educators, employers and those in HR or similar roles.

13 GLH

7 GLH

BDLD, the mental health training expert, has created a **Level 4 Award in Delivering the STEPS** Towards Suicide Awareness & Reduction Programmes. This provides you with the support, knowledge and understanding you may need to deliver these qualifications, which we've accredited.



The full package

LearnBox has developed high-quality learning resources to support delivery. You can purchase these now. These resources are hosted on an interactive learning and assessment platform, which means you can deliver the Level 2 qulification remotely or in a classroom.



Making a connection; suicide prevention



Developed by mental health training experts Big Dog Little Dog (BDLD).

bdld.org.uk



Supported by an objective evaluation project, led by an expert psychologist from AELP.

aelp.org.uk



Created with high-quality learning resources from LearnBox, to enable engaging delivery remotely or in a classroom.

wearelearnbox.com



Qualification developed by the market leader in the health and social care sector.

ncfe.org.uk

Find out more about how you can make a difference.



ncfe.org.uk



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