



NCFE CACHE Level 2 Technical Award in Health and Social Care (603/3294/3)

Assessment code: TAHSC/SAE
Paper number: Past Paper

Friday 13 May 2022 9.00 am–10.30 am

Time allowed: 1 hour 30 minutes

Learner instructions

- Use black or blue ink. If you write your answers in pencil they will not be marked.
- Answer **all** questions.
- Read the scenario and each question carefully.
- You must write your responses in the spaces provided.
- You may do rough work in this answer book. Cross through any work you do not wish to be marked.
- All of the work you submit **must** be your own.

Learner information

- The marks available for each question are shown in brackets.
- The maximum mark for this paper is 84.

Please complete the details below clearly and in BLOCK CAPITALS.

Learner name _____

Centre name _____

Learner number

Centre number

To be completed by the examiner			
Question	Mark	Question	Mark
1(a)		9(a)	
1(b)		9(b)	
2(a)		10	
2(b)		11	
3		12	
4		13	
5(a)		14	
5(b)		15	
6		16(a)	
7(a)		16(b)	
7(b)		16(c)	
8(a)		17	
8(b)			
			TOTAL MARK

Do not turn over until the invigilator tells you to do so

Answer **all** questions in the spaces provided.

Chloe is 40 years old and has a well-paid job as an office manager. Chloe enjoys socialising with friends. When she is out with friends, Chloe eats unhealthy and drinks large amounts of alcohol. Chloe has been overweight throughout her life and has not always found time to exercise.

Chloe's doctor, Dr Khan, referred Chloe to a dietician. Dr Khan also suggested Chloe take regular exercise and join a support group for people trying to lose weight.

Chloe followed the advice and has changed her lifestyle. She now eats more healthily and is losing weight.

Chloe lives with her daughter Mia, who is pregnant with her first child. Mia is a volunteer for a charity that supports older adults to live independently.

1 (a) The dietician works for the National Health Service (NHS).

What type of healthcare service does the dietician provide?

[1 mark]

- A Informal
- B Private
- C Statutory
- D Voluntary

Answer _____

1 (b) The dietician uses person-centred care.

Describe 'person-centred care' **and** explain **two (2)** benefits to Chloe of the dietician using person-centred care.

[6 marks]

Person-centred care _____

Benefit 1 _____

Benefit 2 _____

2 (a) Chloe telephoned a support group to book herself a place.

Name the type of referral that has been made.

[1 mark]

2 (b) Chloe is worried about attending the support group meeting for the first time.

Name the type of barrier Chloe is facing in accessing the support group meeting **and** explain **one (1)** way this barrier can be overcome.

[3 marks]

Barrier _____

How this barrier can be overcome _____

3 Chloe's friends are supporting her to lose weight.

Briefly describe **two (2)** ways Chloe's friends can support her to lose weight **and** explain how **each** way may contribute to Chloe's weight loss.

[4 marks]

1 _____

2 _____

DO NOT WRITE IN THIS SPACE

- 5 (a)** Some of the lifestyle choices Chloe made before following the doctor's advice, may have impacted on her health.

Identify **two (2)** lifestyle choices that may have negatively impacted on Chloe's health.

[2 marks]

Lifestyle
Choice 1 _____

Lifestyle
Choice 2 _____

- 5 (b)** Use the **two (2)** lifestyle choices identified in question **5(a)**.

Describe **two (2)** examples of how **each** lifestyle choice may have negatively impacted on Chloe's health.

[4 marks]

Lifestyle choice 1:

Example 1 _____

Example 2 _____

Lifestyle choice 2:

Example 1 _____

Example 2 _____

6 Identify **and** describe **three (3)** ways employment can affect Chloe's emotional development.

[6 marks]

1 _____

2 _____

3 _____

7 (a) Chloe's doctor, Dr Khan, is respectful and trustworthy.

Briefly describe **two (2)** ways the doctor can demonstrate that they respect an individual.

[2 marks]

1 _____

2 _____

DO NOT WRITE IN THIS SPACE

7 (b) Briefly describe **two (2)** ways the doctor can demonstrate they are trustworthy. **[2 marks]**

1 _____

2 _____

8 (a) Mia's unborn baby is developing as expected.

Complete the table below to identify the stages of development of an unborn baby. Use the numbers **1,2,3,4 and 5**, place them in order from the earliest stage (number 1) to the latest stage (number 5).

Stage of development	Number (1 to 5)
Brain and spinal cord develop	
Eyes and ears develop	
Hair begins to grow	
Major organs develop	
Neural tube develops	

[5 marks]

8 (b) State the name given to an unborn baby that has been developing for up to 8 weeks.

[1 mark]

10

Identify **two (2)** possible changes to Mia's emotional development from becoming a mother **and** assess the impact of **each** change.

[6 marks]

Change 1 _____

Impact _____

Change 2 _____

Impact _____

PAST PAPER

DO NOT WRITE IN THIS SPACE

11

Culture can influence development of individuals.

Identify **two (2)** influences culture can have on an individual's development **and** assess the effect of **each** of these influences.

[6 marks]

Influence 1 _____

Effect _____

Influence 2 _____

Effect _____

Please turn over for the next question

DO NOT WRITE IN THIS SPACE

PAST PAPER

13 Mia is a volunteer for a charity.
What type of care is provided by a volunteer?

[1 mark]

- A Community care
- B Formal care
- C Informal care
- D Respite care

Answer _____

14 The older adults Mia supports use a range of health and social care services.
Describe **two (2)** benefits of health and social care provision for older adults.

[2 marks]

Benefit 1 _____

Benefit 2 _____

Please turn over for the next question

DO NOT WRITE IN THIS SPACE

15 The older adults Mia supports have difficulty walking.

Describe **two (2)** ways an occupational therapist can support older adults who have difficulty walking.

[4 marks]

1 _____

2 _____

16 (a) Mia would like to become an occupational therapist.

State **one (1)** route Mia can take to gain a qualification to become an occupational therapist.

[1 mark]

16 (b) Describe **two (2)** ways a work experience placement could prepare Mia to become an occupational therapist.

[2 marks]

1 _____

2 _____

16 (c) Mia is creating a personal development plan to help reach her future goals. There are five steps in the plan that Mia will need to complete.

Name any **three (3)** steps in a personal development plan

[3 marks]

1 _____

2 _____

3 _____

17 Give the meaning of being 'objective' **and** explain **one (1)** reason why Mia should be objective as an occupational therapist.

[3 marks]

Meaning of being objective _____

Reason _____

This is the end of the external assessment.

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