

Date 14/12/22

Centre 56
Rumney Road
Kirkdale,
Liverpool L4 1UB



Melanie Clayton
NCFE
Q6
Quorum Park
Benton Lane
Newcastle upon Tyne
NE12 8BT

Dear Melanie

NCFE CACHE Level 4 Award in Early Years Emotional Wellbeing

I confirm that we recognise and support the above qualification.

Centre 56 is a domestic abuse charity in the heart of North Liverpool. We provide, childcare, information and support for families and children who have suffered domestic abuse or are in a crisis situation.

The qualification is valuable to our centre as it allows us to achieve our key performance indicators, it also improves staff retention as we invest in our staff's wellbeing and helps us to achieve our wider learning and development strategy.

This qualification is valuable to Centre 56 because it provides staff with a knowledge and understanding that enables them to carry out their job role more efficiently. Having qualified staff with a range of skills such as understanding and recognising when our clients need specific or additional services is vital to our success and ability to secure future funding sources.

This qualification will benefit me greatly and is likely to lead to increased engagement and positive outcomes for our families. My performance has also improved as I feel much more confident to support the families who attend and my staff team.

I am the children's support manager at Centre 56 and my role involves supporting families and the children within those families to rebuild their lives after they have suffered domestic abuse. Family relationships are often negatively affected as well as a parent's ability to parent their children effectively when a family has suffered domestic abuse.

Parents and children can have low self-esteem, low confidence, and damaged emotional wellbeing. When I attended this course, it strengthened my skills and knowledge to be able to carry out my role more effectively. I am able to recognise the signs and symptoms that a person's emotional wellbeing is low, and I am able to provide strategies and support and signpost to other agencies for specific help as a

result. I am also responsible for supporting my staff team and ensuring their emotional wellbeing is supported. I was able to improve staff wellbeing by making their wellbeing a priority. I implemented strategies and support within my setting for the staff team to access. Staff have reported that this has raised their ability to cope with the emotional stresses they face within their roles when supporting children and families.

This qualification is suitable for anyone aged over the age of 18.

By signing below, I provide my consent for the contents of this letter to be published electronically on NCFE Group websites for the purposes of demonstrating endorsement and understand that quotes could be used in marketing material. I also acknowledge that the contents of this letter may be kept on record by NCFE Group where required for audit, legal or regulatory purposes.

Yours sincerely

P Graves
Paula Graves
Children's support Manager at Centre 56