

Abbi Haywood Fitness
16 Chapel Avenue,
Burnopfield,
Newcastle upon Tyne,
NE16 6NW



15/02/19

Kirsty Wesencraft-Robson
NCFE
Q6
Quorum Business Park
Benton Lane
Newcastle upon Tyne
NE12 8BT

Dear Kirsty

NCFE Level 2 Award in Instructing Circuit Training (603/3934/2)
NCFE Level 2 Award in Instructing Kettlebell Training (603/3935/4)
NCFE Level 2 Award in Instructing Group Cycling (603/3936/6)
NCFE Level 2 Award in Instructing Suspension Training (603/3937/8)

I confirm that we recognise and support the above qualification.

Abbi Haywood Fitness is a locally run health and wellness company in the first year of trading. We provide 1 to 1 and group training sessions, online coaching and run community based fitness classes in a variety of different venues across the Gateshead and Newcastle area. Customer base is quite wide with adults of all ages and from varying backgrounds, who wish to achieve there specific fitness goals.

These NCFE qualifications are valuable to my business because it has refreshed my own skills and gives a plan for my business as it grows. Allowing any future staff to develop new skills and knowledge in a range different disciplines. Having qualified staff means we are able to offer a wider range of services to our customers and it allows our staff members to progress in their fitness careers, which improves both staff and client retention.

As my company expands potential staff would be put through these NCFE qualifications and could lead to jobs providing current class cover and potentially expanding class available covering all of the following disciplines:

- Circuit training instructor
- Kettlebell training instructor
- Group cycling instructor
- Suspension training instructor

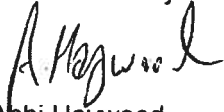
Any potential candidates would need to be fully qualified and have a good ground basis in each area which each qualification would provide.

These qualification is suitable for anyone aged 16 and upwards.



By signing below I provide my consent for the contents of this letter to be published electronically on NCFE Group websites for the purposes of demonstrating endorsement and understand that quotes could be used in marketing material. I also acknowledge that the contents of this letter may be kept on record by NCFE Group where required for audit, legal or regulatory purposes.

Yours sincerely



Abbi Haywood
Founder and Coach
Abbi Haywood Fitness

