



To be completed by the Examiner	MARK
Section A	
Section B	
Section C	
Section D	
TOTAL MARK	

# NCFE CACHE Level 1/2 Technical Award in Health and Social Care (603/7013/0)

Examined Assessment

Paper number: **Sample Assessment**

Date: **Sample 2021 (updated)**

**9.30am – 11.00 am**

Time allowed: 1 hour 30 minutes

## Learner instructions

- Use black or blue ink.
- Answer **all** questions.
- Read each question carefully.
- You **must** write your responses in the spaces provided.
- You may do rough work in this answer book. Cross through any work you do not wish to be marked.
- All of the work you submit **must** be your own.

## Learner information

- The marks available for each question are shown in brackets.
- The maximum mark for this external assessment is **80**.
- You may use a calculator.

Please complete the details below clearly and in BLOCK CAPITALS

Learner name \_\_\_\_\_

Centre name \_\_\_\_\_

Centre number

Learner number

**Do not turn over until the Invigilator tells you to do so.**

**Section A**

This section has a possible 24 marks.

We recommend that you spend approximately 25 minutes on this section.

Answer **all** questions in the spaces provided.

**1** Which **one** is provided by a clinic?

[1 mark]

- A** Addiction services
- B** Dispensing services
- C** Emergency treatment
- D** Minor surgery

**Answer** \_\_\_\_\_

**2** Which **one** setting is inspected by the Care Quality Commission (CQC)?

[1 mark]

- A** Breakfast club
- B** Childminder
- C** Children's home
- D** Hospice

**Answer** \_\_\_\_\_

**3 (a)** Jake is 58 years old and has moderate learning difficulties. Jake often fails to attend health and social care appointments.

Jake's Social Worker has referred him to a Family Support Worker.

Name the type of referral.

[1 mark]

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**3 (b)** Give **two** ways having a learning difficulty can affect Jake's ability to attend appointments.

[2 marks]

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**4** Identify **two** ways a practitioner can help to reduce the risk of a fire in a setting.

[2 marks]

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**5** Give **two** responsibilities of a Paramedic.

[2 marks]

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Please turn over.

**6 (a)** Sam works as an Activities Co-ordinator in a day centre for individuals with mental health problems.

He has a duty of care for the individuals who attend the centre.

Sam is planning a trip to the seaside for members of the day centre.

Define the term 'duty of care'.

**[2 marks]**

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**6 (b)** Identify **one** action Sam can take when planning the trip. Briefly explain how this action meets his duty of care.

**[3 marks]**

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**7** Explain two reasons why a health care professional protects an individual's personal data.

**[4 marks]**

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**8** Discuss the value to an individual of a health care practitioner using the 6Cs in their practice. **[6 marks]**

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**Section B**

This section has a possible 18 marks.

We recommend that you spend approximately 20 minutes on this section.

Answer **all** questions in the spaces provided.

**9** Which **one** is a socio-economic factor? **[1 mark]**

- A** Employment
- B** Family
- C** Genetics
- D** Ill health

**Answer** \_\_\_\_\_

**10** Which **one** is an example of cognitive development? **[1 mark]**

- A** Catching a ball
- B** Laughing at a joke
- C** Reading a book
- D** Tying a shoelace

**Answer** \_\_\_\_\_

**11** Give **two** environmental influences that may impact on human development. **[2 marks]**

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**12 (a)** Emily works as a Care Assistant. She cares for individuals in late adulthood.

Explain **two** reasons why individuals in late adulthood may experience loneliness.

**[4 marks]**

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**12 (b)** Explain **one** way that Emily can help an individual overcome loneliness.

**[2 marks]**

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**13** Give **two** changes in physical development that occur during late adulthood.

**[2 marks]**

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Please turn over.

14

Ayesha is 4 years old. She lives with her parents. Ayesha is not developing at the expected rate. She is underweight and has poor language skills.

Discuss the possible causes for Ayesha’s weight and poor language skills.

**[6 marks]**

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## Section C

This section has a possible 20 marks.

We recommend that you spend approximately 20 minutes on this section.

Answer **all** questions in the spaces provided.

15 Which **one** describes an acute condition? [1 mark]

- A Develops gradually over a long period of time
- B Develops quickly over a short period of time
- C Lasts more than 3 months
- D Has a lasting effect on an individual's health

Answer \_\_\_\_\_

16 Which **one** best describes a characteristic of an individual who is self-actualising? [1 mark]

- A They are achieving their potential
- B They are being independent
- C They have high self-esteem
- D They are showing resilience

Answer \_\_\_\_\_

17 Explain **one** way person-centred practice benefits an individual. [3 marks]

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Please turn over.

**18** Fill in the missing parts of the care planning cycle. **[2 marks]**

\_\_\_\_\_ *Implement* \_\_\_\_\_ :

**19** The company Jack works for is closing; he will lose his job. Jack lost his job before and found another job.  
Explain why resilience can help Jack deal with the loss of his job. **[2 marks]**

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**20** Define the term 'financial security'. **[1 mark]**

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**21** Name **one** care need. Describe **one** effect on an individual if this care need is not met. **[2 marks]**

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22

Sebastian lives alone. He recently had a stroke. The stroke has left Sebastian with severe mobility problems, making everyday tasks difficult.

Explain **one** way Sebastian can be supported with these everyday tasks.

[2 marks]

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23

Charlie has learning difficulties and uses a wheelchair.  
He is living independently with support.  
Oscar is Charlie's Social Worker.

Oscar will work in partnership with other health and social care practitioners.

Discuss the benefits of this for Charlie.

[6 marks]

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## Section D

This section has a possible 18 marks.

We recommend that you spend approximately 25 minutes on this section.

Answer **all** questions in the spaces provided.

**24** Isaac and Jacob are identical twin brothers. Isaac lives with his father in a wealthy part of town. Jacob lives with his mother in a disadvantaged part of town.

They both have different friendship groups and go to different schools in the area where they live.

Isaac achieved good results in his GCSEs, but Jacob did not.

Assess how the influence of nature and nurture could explain the differences in Isaac's and Jacob's GCSE results.

**[9 marks]**

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