



David Lloyd Leisure
Castle Farm Road
South Gosforth
Newcastle Upon Tyne
NE3 1SN

13th February 2019

Kirsty Wesencraft-Robson
NCFE
Q6
Quorum Business Park
Benton Lane
Newcastle upon Tyne
NE12 8BT

Dear Kirsty

NCFE Level 2 Award in Instructing Circuit Training (603/3934/2)
NCFE Level 2 Award in Instructing Kettlebell Training (603/3935/4)
NCFE Level 2 Award in Instructing Group Cycling (603/3936/6)
NCFE Level 2 Award in Instructing Suspension Training (603/3937/8)

I confirm that we recognise and support the above qualification.

We have 99 clubs in the UK and a further 15 across mainland Europe. We have approximately 570,000 members and employ 8,600 people, including an expert health and fitness team of over 2000 and more than 680 tennis professionals.

Across all of our clubs, we have over 180 swimming pools and offer more than 13,000 exercise classes every week. Our racquets facilities are unrivalled, with 1000 tennis courts, and more than 400 badminton and squash courts. We also offer outstanding coaching programmes for children and every week 25,000 children learn to swim and 16,000 learn to play tennis in our clubs. But we provide more than just amazing fitness facilities, we also have health and beauty spas, lounges with free Wi-Fi, crèches, nurseries and specialist sports shops.

These NCFE qualifications are valuable to our business because it will allow our staff to develop new skills and knowledge in a range of different disciplines. Having qualified staff means we are able to offer a wider range of services to our members and it allows our employee's to progress in their fitness careers, which also assists in improving staff retention.

These NCFE qualifications could lead to these job(s) in our company and progression within the workplace:

- Circuit training instructor
- Kettlebell training instructor
- Group cycling instructor

- Suspension training instructor
- Health and Fitness Coach
- Group Exercise Instructor

One thing our members have in common is that they all have goals- whether it's to run a marathon, lose weight for a holiday, get fitter, beat their friends at tennis, see their child swim their first length unaided, or eat more healthily. For our members being part of David Lloyd is about being part of a club that fits their life, where they can enjoy a breadth of quality facilities delivered with a genuine passion for service and an obsessive attention to detail. Our clubs are renowned for having a dynamic, engaging and fun culture so it is important that our Personal Trainers/Fitness Staff are able to display the same qualities on a day-to-day basis and lead by example. These qualifications will provide the individual with a multitude of knowledge that can be passed down to our members, keeping them engaged whilst creating a fun atmosphere to train effectively in.

These qualification is suitable for anyone aged 16 and upwards.

By signing below I provide my consent for the contents of this letter to be published electronically on NCFE Group websites for the purposes of demonstrating endorsement and understand that quotes could be used in marketing material. I also acknowledge that the contents of this letter may be kept on record by NCFE Group where required for audit, legal or regulatory purposes.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Laura Ball', written in a cursive style.

Laura Ball
Club HR/Administration Manager
David Lloyd - Newcastle