

**NCFE CACHE Level 2 Technical Award in Health and Social Care**

(603/3294/3)

Assessment code: **TAHSC/SAE**Time allowed: **1 hour 30 minutes**Paper number: **Past Paper**Time: **9.00am – 10.30am**Assessment date: **Friday 3 February 2023****Learner instructions**

- Use black or blue ink.
- Answer **all** questions.
- Read the scenario and each question carefully.
- You **must** write your responses in the spaces provided.
- You may do rough work in this answer book. Cross through any work you do not wish to be marked.
- If you use a supplementary answer booklet, you must add your learner name, learner number and centre number to the front cover of the booklet. Insert your supplementary answer booklet inside this question paper at the end of your test.
- All of the work you submit **must** be your own.

**Learner information**

- The marks available for each question are shown in brackets.
- The maximum mark for this paper is 84.

**Do not turn over until the invigilator tells you to do so.****Please complete / check your details below**

Learner Name:

Centre Name:

Learner Number:

Centre Number:



Answer **all** questions in the spaces provided.

Li is 14-years-old. She moved with her parents from China to the UK, due to her father's job. The family live in a city centre ground-floor flat near a main road.

Li missed family and friends in China and found it difficult settling into school because she was bullied. With support from her parents, Li is now making good progress at school. She enjoys celebrating her culture and has a small group of friends.

Li's father recently suffered a stroke, leaving him unable to work. He spent time being cared for by nurses in a nursing home. He is now back home, where Li and her mother care for him, as he struggles to carry out everyday tasks.

Li's mother does not speak a lot of English and has some difficulty accessing services. The family do not have enough money for essentials, so they use a food bank run by a charity. An outreach worker from a local community group is now working with the family.

**1 (a)** Identify **two (2)** unplanned life events Li has experienced.

**[2 marks]**

1 \_\_\_\_\_

\_\_\_\_\_

2 \_\_\_\_\_

\_\_\_\_\_

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- 2 (a)** Li is experiencing anxiety. Her doctor has made an appointment for her to see a counsellor.

Name the type of referral the doctor has made.

[1 mark]

- 2 (b)** Which **two (2)** tasks are part of a counsellor's job role?

Tick **two (2)** of the following boxes:

[2 marks]

	Tick (✓)
Give advice on what an individual should do	
Make referrals to other services	
Assess an individual's mental and physical health	
Provide an individual with medication	
Support an individual to deal with their problems	



**2 (c)** Identify **two (2)** skills or attributes a counsellor should have **and** explain the importance of **each** skill or attribute to the counsellor's role.

**[6 marks]**

Skill or attribute 1 \_\_\_\_\_

Explanation \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Skill or attribute 2 \_\_\_\_\_

Explanation \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**3 (a)** Li's mother has found it difficult to access services as she does not speak a lot of English.

State **one (1)** way practitioners in a service can overcome a communication barrier.

**[1 mark]**

\_\_\_\_\_

\_\_\_\_\_



3 (b) Which legislation protects Li's family from discrimination?

[1 mark]

- A Care Act 2014
- B Equality Act 2010
- C Health and Social Care Act 2012
- D Human Rights Act 1998

Answer \_\_\_\_\_

4 Li's family use voluntary services.

State **one (1)** way a voluntary service is funded.

[1 mark]

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5 (a) Using an example, briefly describe **one (1)** way the outreach worker can support Li's family.

[2 marks]

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5 (b) Identify **two (2)** barriers an outreach worker may face when working in partnership with other practitioners **and** explain how **each** barrier can be overcome. **[6 marks]**

Barrier 1 \_\_\_\_\_  
How to overcome it \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Barrier 2 \_\_\_\_\_  
How to overcome it \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

6 (a) Describe **two (2)** ways the outreach worker can keep Li's family's personal data confidential. **[2 marks]**

1 \_\_\_\_\_  
\_\_\_\_\_  
2 \_\_\_\_\_  
\_\_\_\_\_



**6 (b)** Explain how the outreach worker is valuing Li's family by keeping their personal data confidential.

[2 marks]

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**7 (a)** There are many factors that humans experience which may influence their development.

State **two (2)** factors Li experiences **and** explain how **each** factor may **positively** influence Li's development.

[6 marks]

Factor 1 \_\_\_\_\_

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Factor 2 \_\_\_\_\_

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7 (b) State **two (2) different** factors Li experiences **and** explain how **each** factor may **negatively** influence Li's development.

[6 marks]

Factor 1 \_\_\_\_\_

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Factor 2 \_\_\_\_\_

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8 (a) Li's mother is in the 'middle adulthood' life stage.

Identify **one (1)** change in a woman's physical development that typically occurs during the 'middle adulthood' life stage.

[1 mark]

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**8 (b)** Li is in the 'adolescent' life stage.

Briefly describe **two (2)** characteristics of social development during the 'adolescent' life stage.

[2 marks]

1 \_\_\_\_\_  
\_\_\_\_\_  
2 \_\_\_\_\_  
\_\_\_\_\_

**8 (c)** Explain **two (2)** ways Li's physical development during adolescence may affect her emotional development.

[4 marks]

1 \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
2 \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**9 (a)** Li's father receives support with his personal care.

State **one (1)** personal care task that Li's father may receive support with.

[1 mark]

\_\_\_\_\_



9 (b) Li's father receives formal care and informal care.

Describe **two (2)** features of informal care that Li's father receives.

[2 marks]

Feature 1 \_\_\_\_\_

Feature 2 \_\_\_\_\_

10 (a) Li would like to become a nurse.

Describe **two (2)** ways Li can find out about the role of a nurse.

[2 marks]

1 \_\_\_\_\_

2 \_\_\_\_\_

10 (b) Li knows that nurses need to undertake continuing professional development (CPD).

Explain what continuing professional development (CPD) is **and** describe **one (1)** benefit of a health and social care practitioner engaging in CPD.

[3 marks]

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_





**11 (b)** Give the meaning of 'respite care' **and** state **one (1)** way respite care can support Li and her mother.

**[3 marks]**

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**12** Give the meaning of 'person-centred practice' **and** state **one (1)** way person-centred practice supports Li's father's rights.

**[3 marks]**

Meaning \_\_\_\_\_

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A way person-centred practice supports Li's father's rights \_\_\_\_\_

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Past Paper



**13 (a)** Give the meaning of a 'reflective practitioner' **and** explain **two (2)** reasons why health and social care practitioners should use reflective practice.

**[6 marks]**

Meaning \_\_\_\_\_

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Reason 1 \_\_\_\_\_

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Reason 2 \_\_\_\_\_

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**13 (b)** Jack is a practitioner in the nursing home and supports mealtimes as part of his role.

Describe what is meant by 'duty of care' **and** state **one (1)** way Jack can show duty of care during mealtimes.

**[3 marks]**

Meaning of 'duty of care' \_\_\_\_\_

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How Jack can show duty of care during mealtimes \_\_\_\_\_

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**13 (c)** Briefly describe **one (1)** way Jack can promote Li's father's dignity during routine care. **[1 mark]**

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**14 (a)** Which organisation would inspect the nursing home? **[1 mark]**

- A** The Care Quality Commission (CQC)
- B** The General Medical Council (GMC)
- C** The Nursing and Midwifery Council (NMC)
- D** The Office for Standards in Education, Children's Services and Skills (Ofsted)

Answer \_\_\_\_\_

**14 (b)** State **two (2)** ways the organisation inspecting the nursing home can gain information on the quality of the care provided. **[2 marks]**

1 \_\_\_\_\_

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2 \_\_\_\_\_

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**This is the end of the external assessment.**



To be completed by the examiner

Question	Mark	Question	Mark
1 (a)		8(b)	
1 (b)		8(c)	
2(a)		9(a)	
2(b)		9(b)	
2(c)		10 (a)	
3(a)		10 (b)	
3(b)		11(a)	
4		11(b)	
5(a)		12	
5 (b)		13(a)	
6(a)		13(b)	
6(b)		13(c)	
7(a)		14(a)	
7(b)		14(b)	
8(a)			
		TOTAL MARK	

Past Paper

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