



Links to National Standards

NCFE Level 1 Award in Exercise Studies

QN: 500/7997/9

Links to National Skills Standards

We've highlighted where learning opportunities for the Functional Skills qualifications can be found. The activities learners carry out whilst completing this qualification could help prepare them for their Functional Skills assessments.

We've also highlighted which of the Personal Learning and Thinking Skills (PLTS) link into the units of this qualification.

The mapping is only at the level of the unit.

English

Throughout the qualification.

Mathematics

Units 01 and 03.

PLTS Independent Enquirers

Units 02 and 03.

PLTS Creative Thinkers

Units 02 and 03.

PLTS Reflective Learners

Units 02 and 03.

PLTS Self-managers

Units 02 and 03.

For further information please contact a member of the Product Development team.